



The Highland Heartbeat

Highland, a Place to be Seen, Known, and Loved

Sunday, May 3, 2026

Caregiver Movement & Fellowship Pilot Program

ATTENTION CAREGIVERS: We are launching an **8-week** caregiver movement and fellowship pilot program. Designed for those caring for loved ones, the program offers gentle movement, encouragement, and connection in a supportive community setting. If you'd like to learn more about this pilot mission to see, know, and love those who care for others, please join us **today** in the **Chapel** at **11:15 AM**.



Highland Performing Arts

The Cat's Pajamas: An Old-School Jazz Band

Wednesday, May 13 at 7:00 PM

The Cat's Pajamas are an old-school jazz band inspired by the sounds of New Orleans and Chicago, with touches of Blues and Dixieland. They put a vintage spin on modern artists like Wham!, Guns N' Roses, and Justin Timberlake, delivering a set that's both familiar and refreshingly different.



To learn more about the concert or view the livestream at the time of the event, scan the QR code!

Graduate Sunday

On **Sunday, May 17**, we will celebrate our graduating seniors during worship. This is a meaningful moment in the life of our church as we honor and bless those who are stepping into a new chapter. If you have a graduating senior in your family (from high school or college), please send us their name, school they are graduating from, and their plans after graduation. We want to make sure each senior is recognized and celebrated!

During the service, we will also share in a special blanket blessing, a tangible reminder that our seniors are seen, known, and loved and will be wrapped in the love and prayers of this community as they go forward. Please let us know if your family is able to be present on May 17, so we can plan accordingly.

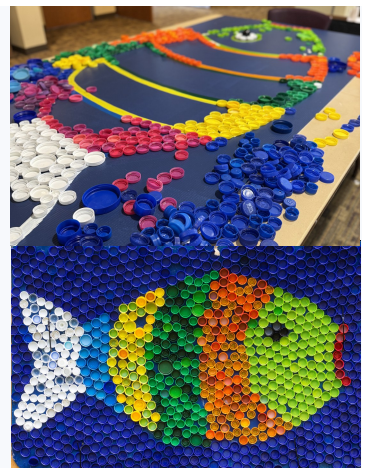


If you know a graduating senior, please scan the QR code to let us know more about them!

Earth Care Bottle Caps Project

Last Sunday, we had a strong start on our community recycling project to create a fish out of our extra bottle caps. The project will be available **outside of Fellowship Hall** for the next few weeks. Please stop by and add a bottle cap, it's very easy to do. No art experience required!

After the end of our bottle cap collection, generous members of the congregation donated money to purchase more collection boxes. We encourage you to continue to drop off your collected bottle caps in the designated box outside of Fellowship Hall. We hope to continue this collection as members of the congregation have responded so enthusiastically!



Pancake Breakfast: Support Our Middle Schoolers!

Join us after worship on **Sunday, May 17** for a pancake breakfast in **Fellowship Hall!** This breakfast will help support our **11 middle school youth** heading to the Massanetta Springs Camp & Conference Center in Harrisonburg, VA this summer. This year's theme, inspired by Romans 14:19, is "Peace-ing Together Peace by Piece," exploring how God calls us to be peacemakers together, each bringing our own "piece" to build peace in the world. Come enjoy breakfast, support our youth, and be part of sending them out to grow in faith and share God's peace.



We also need volunteers to help cook, serve, and clean up. If you'd like to help, please sign up using the QR code!

Intergenerational Befriending Program

Highland Presbyterian Church is partnering with **The Long Community** and **Kindness Grows** for an intergenerational befriending program. To kick-off this effort, a 24-hour rock-a-thon to act against ageism will be held on **Saturday, May 16**. All are welcome to join us from **11:00 AM to 4:00 PM** for hourly events and fellowship in the gym. If you'd like to participate in the rock-a-thon, please sign up in the Narthex to join a team (and don't worry — only youth will rock through the night)! If your youth/family is interested in being paired with an adult at The Long Community as part of the befriending program, please contact Kristen Bransby or the church office.

Curious Conversation: Justice vs. Injustice?



What does it mean to treat people fairly — and what happens when we don't? What role does our faith play in our actions? What does Scripture tell us? We'll discuss these ideas and more at our next Curious Conversation, which will be held on **Sunday, May 17** from **2:30 to 4:00 PM**. The topic of justice versus injustice is one of the oldest and most important questions in philosophy, politics, religion, and everyday life, and we hope you'll join us for this important conversation.

Event Details

To give those in the eastern part of our Presbytery an opportunity to attend, we will meet at **Central Presbyterian Church** (100 W Uwchlan Avenue, Downingtown, PA 19335).

An orientation session will be held at **2:00 PM** for new attendees or those who wish to be refreshed on the process. Please let us know when you register if you plan to come to the orientation session.

The event is free, but **registration is required**. Please use the QR code or contact the church office to register.



Congregational Care Volunteers Needed

A recent survey of members' gifts revealed a strong presence of individuals called to care for and support others. We encourage you to share your gifts at Highland through active listening, visitation, contributing to a monthly newsletter, or writing cards of encouragement! Opportunities include:

- Writing cards of encouragement as needed
- Visiting and connecting with individuals and families through calls and visits, offering prayer and support in the spirit of the former Stephen Ministry (ended in 2016)
- Assisting ministers by visiting members in hospitals and care facilities (after training)
- Providing resources and connection for families affected by addiction
- Contributing to the *Care and Share* newsletter for members who do not have access to our digital services

If you're interested in serving in one or more of these ministries, please contact Pastor Ann or talk to her on Sunday mornings after church in the Narthex.



Earth Care Partner Events

SAT
MAY 9
9:00 AM

Volunteer Workday
at Graham Nature Preserve

THU
MAY 14
6:00 PM

Habitat Advocate: Building Biodiversity in Our Community

SAT
MAY 16
9:00 AM

Exploring Life Under Logs
at Graham Nature Preserve

SAT
MAY 16
1:00 PM

Volunteer Workday
at Rambler Trust

Register
for an
event below!



Riptide® Fundraiser CAR WASH

Riptide Car Wash tickets are available to purchase in the Narthex to support our **Intergenerational Mission Trip**. Half of the proceeds from the tickets will go directly to supporting the cost of the trip for our participants.

Two styles of car wash are available: **Hightide for \$20** and **Lowtide for \$12**. You can purchase tickets with cash or credit card and get more information from the table in the Narthex before and after worship **each Sunday in May** — thank you for your support!

Chancel Flowers

Each Sunday, the Deacons of the church provide a bouquet of flowers in the Sanctuary for all to enjoy as we worship. After the service, the Deacons divide the flowers, put them into vases, and deliver them to hospitals, nursing homes, and private residences for the enjoyment of our members who are unable to attend our church services.

The cost of the flowers and vases continues to rise, and we need your help to continue this important mission. By making a donation of **at least \$25**, you can honor a special someone or event in your life on a Sunday of your choice.

To honor an individual or event, go to the sign-up board in the Narthex and fill out the chart with your information.

Submitting Your Donation

Check or Cash

- Fill out a paper form (provided on the easel) and place your form and donation of **at least \$25** in the envelope labeled “Chancel Flowers Only”
- Leave the envelope with your donation in the collection plate during service, or return it to the church office

Online

- Scan the QR code on the sign-up board and enter a donation amount of **at least \$26**
- Submit your payment through the online portal

Your name and the honoree's name (or event) will be printed in the bulletin on your chosen Sunday.

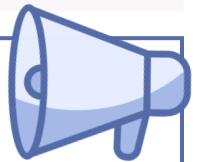
From Your Stewardship Committee: Using God's Gifts to Us

Who Are Your Beneficiaries?

Many of us have older, sometimes “paid up” life insurance policies or retirement plans (such as a 401(k) from a former employer) that we have not looked at for years. Who have you designated as a beneficiary in those instruments? There could easily be some surprises, like designating your parents before you were married. Be sure to check these provisions to ensure that your house is set in order!

Advertise in the Heartbeat!

Do you have an event related to Highland that you'd like to share with the congregation or recruit volunteers for? We'd love to help spread the word and connect others to your efforts! To advertise something in the Heartbeat, please contact Amanda Peters at amandapeters@highlandpc.org with the details you'd like included (including a description of the event, date, time, location, and registration link). Please submit your request ~1 month prior to your event to ensure space can be arranged in the Heartbeat.



Worship



This Week's Scripture

Philippians 3:4-14
"Joy in Righteousness"
Rev. Allison Beaulieu

Upcoming Preaching Schedule

May 10
Rev. Allison Beaulieu

Joy in Christ — A Study in Philippians

What does it mean to have joy when life is hard? Not shallow happiness, but a deep, steady joy that endures in every season. In this sermon series through Philippians, we explore the surprising reality that Paul's most joyful letter was written from prison. Facing uncertainty and suffering, he still overflows with gratitude and rejoicing. His life shows us that true joy is not rooted in circumstances, but in a Person — Jesus Christ. Join us as we learn to embrace a lasting joy that no circumstance can take away.

This sermon series includes corresponding small group studies, creating space to reflect, discuss, and apply these truths together.

Small Group Studies

Mondays at 7:00 PM in Moravian Manor
Tuesdays at 12:00 PM in Room 208
Wednesdays at 7:00 PM on Zoom
Thursdays at 11:00 AM in The Upper Room
Thursdays at 7:00 PM in Room 208



If you'd like to participate in a small group study, please sign-up using the QR code!

Upcoming Events

Wednesday, May 13

7:00 PM Highland Performing Arts: Cat's Pajamas

Saturday, May 16

11:00 AM Rock-A-Thon with The Long Community

Sunday, May 17

11:00 AM Pancake Breakfast Fundraiser

2:30 PM Curious Conversation at Central Presbyterian Church in Downingtown

Wednesday, May 20

12:00 PM Working Adult Lunch at Sai Gòn Café

6:00 PM Men's Trivia Night at Stoner Grille

Weekly Study Groups

Every Tuesday
6:30 PM - 8:00 PM
Charter Room

Bible Babes Book Club

Contact: Jan Lyle-Chesnutt,
Kori Wise

Every Wednesday
7:30 AM - 9:00 AM
Oregon Dairy

Men's Breakfast Group

Contact: Dick Entz

Worship Times

Ignite Worship | 9:30 AM

Traditional Worship | 10:00 AM

Program Staff

Senior Pastor — Rev. Allison Beaulieu

Pastor for Congregational Care — Rev. Dr. Ann Osborne

Associate Pastor for Missions & Discipleship — Rev. Matt Drumheller

Parish Associate — Rev. Dr. Bob Burns

Parish Associate — Rev. Ken Osborne

Interim Music Director & Organist — Jonathan Lefever

Ignite Worship Leader — Dr. Jeffrey Martin

Director of Children, Youth, & Family Ministries — Sarah Hostetter



Office Hours

Monday - Thursday

9:00 AM to 3:00 PM

Friday

9:00 AM to 12:00 PM

Contact Us

717-569-2651

www.HighlandPC.org

500 E Roseville Road

Lancaster, PA 17601

*For staff contact information, visit our website and go to **About Us** - Staff, or contact the reception desk for a copy of our Staff & Committee Contacts brochure.*